

**author**

Cathy Maday

editor

Carla Platter

What Are You Communicating?

Part 2 of 5

The Ultimate Partnering

Sometimes our “coaches” in life show up in unexpected places and unplanned moments. Recently, my better half, John, sent the ultimate message in Partnering* and the coach turned into the client.

Now, if you know anything about DISC Behavioral Profiles or other personality assessments, John and I are at the opposite ends of the spectrum—every time.

Needless to say, we don’t always see things the same way. And we certainly don’t speak the same love language all the time. We were in a “discussion” and I was beginning to get really frustrated and was losing my typical Coach Cathy calmness. I wasn’t finding a way to get heard and I was about to call the conversation quits. That or we were going to throw on the sparring gear and duke it out in the backyard.

Then John said the most amazing thing: ***“Thank you for hearing me. And thank you for making sure I heard you.”***

Talk about Neutralizing**. I humbly thanked him, quietly grateful for his wisdom and for showing me what commitment to partnering truly looks like.

When is that last time you Partnered to such a degree that you *thanked* the other person for making sure he/she got heard—even when it’s not pretty?

What would you be communicating if you did?

Bright Blessings of Peace, Joy and Prosperity!
Coach Cathy

**See June eTools*

***See July eTools*



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Cathy Maday is the founder of Wingspan Coaching Corporation, which specializes in providing powerful tools to senior leaders who want more success and satisfaction for themselves and their teams. Visit our website at

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704.281.3111 ph | 704.973.9162 fx | cathy@wingspancoaching.com

www.wingspancoaching.com